About This Program

This continuing education program focuses on the improvement of maternal and infant health through the delivery of risk-appropriate high-quality nutrition services. It is designed for dietitians, nutritionists, certified nurse midwives, registered nurses and nurse practitioners, physicians and public health professionals who serve pre-conception, pregnant, postpartum and breastfeeding women.

OBJECTIVES

- Describe the ways that appropriate nutrition services can improve maternal outcomes.
- Describe the effect of maternal eating behaviors on birth outcomes and infant health outcomes.
- Identify characteristics of models of programs and counseling approaches for maternal and infant nutritional health.

CANCELLATION POLICY

A refund can be made on written notice of cancellation is received by July 15. All refunds will be assessed a $25 administrative fee. A full refund will be made if the session is not held. The University of Minnesota reserves the right to cancel the program if necessary.

LOCATION AND PARKING

The course will be held in Cereso Auditorium at the Humphrey Department of Public Affairs, 301-19th Avenue South on the West Bank Campus of the University of Minnesota.

Public parking is available in the 19th Avenue Ramp and the 21st Avenue ramp. A map with detailed parking information will be emailed to all registrants. Go to http://www1.umn.edu/pts/ for campus maps and driving directions.

PARKING RATES

$10/hour to a maximum charge of $12.00/day (applies to both parking ramps).

HOTEL AND DORMITORY ACCOMMODATIONS

A block of sleeping rooms has been reserved at the Holiday Inn Minneapolis, located at 1500 Washington Avenue South in Minneapolis. The hotel is a short walk to the Humphrey Center and has a complimentary breakfast service to campus. Call 612-333-6646 to make reservations. Please be sure to identify yourself as a participant in the National Maternal Nutrition Course to receive the group rate of $115 plus tax (10.7%). Rates are guaranteed until June 28, 2010.

ACCOMMODATIONS are also available at Midfield Roomz Inn, a University of Minnesota Motel located at 1300 Washington Avenue South in Minneapolis. The room is a $45 rate plus tax with 24-hour computer lab access. The room is located on the West Bank Campus and is a short walk to the Humphrey Institute. To reserve a room, please complete the information request on the registration form. Dormitory rooms are smoke-free and air-conditioned.

FOR MORE INFORMATION CONTACT:

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National Maternal Nutrition
INTENSIVE COURSE
July 28–30, 2010
COWLES AUDITORIUM – HUBERT H. HUMPHREY INSTITUTE
301 19TH AVENUE SOUTH
UNIVERSITY OF MINNESOTA WEST BANK CAMPUS

Presented by
• University of Minnesota School of Public Health
• Division of Epidemiology and Community Health
• Centers for Public Health Education and Outreach

Sponsored by
• Maternal and Child Health Bureau
• Health Resources and Services Administration
• U.S. Department of Health and Human Services

Distance Education Opportunity Available

National Maternal Nutrition
INTENSIVE COURSE
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Online Video Viewing
The National Maternal Nutrition Intensive Course is offering online access to select sessions.

• IOM Weight Gain Guidelines and Obesity
• Walking in Two Worlds: A Community Health Worker Model
• Maternal Mental Health and Infant Feeding Behaviors and Growth
• “Oregon WIC Listens”: A Model Program for Implementing Participant-Centered Education
• Balancing Concerns about Dietary Sources of Environmental Contaminants During Pregnancy and Lactation
• Nutrition and Management of GDM
• Exercise as a Management for GDM
• Catch-Up Growth vs. Rapid Early Weight Gain: Definitions and Consequences

Online viewing is available from August 20 through October 22, 2010 and eligible for up to 9.6 contact hours of professional continuing education or .96 Continuing Education Units (CEUs).

PREPARATION FOR STREAMING FOR THIS EVENT:
• Before viewing go to: http://www.unite.umn.edu/streaming-video/special to learn about system requirements.
• We will send complete video viewing instructions upon registration.
• Firewalls and slow Internet connections may make it impossible to view the program. Be sure to view the demonstration site prior to registering.

VIEWING OPTIONS
• Small groups of 3-4 people can gather around a personal computer to view the video streamed program.
• Larger groups require computer (S) and classroom/auditorium space. In this setting, the group can enhance the program by conducting their own discussions after the sessions.

GROUP SITE REGISTRATION
The registration fee for a group site is $100 for 9 or fewer participants and $200 for 10-20 participants. Each site receives a login identifier and password to access the program unlimited times from August 20-October 22, 2010. Sites with more than 20 participants will be charged $10 for each additional person requesting a certificate of attendance.

Group sites are required to provide a site coordinator who is responsible for:
• Registering the organization/company
• Acting as the contact person for communication with the University of Minnesota
• Ensuring that the organization’s equipment meets the minimum technical requirements
• Testing the computer configuration and linkages with the demonstration prior to a group program
• Distributing information about accessing the program and providing technical support to participants who view the video streamed program on individual computers
• Collecting fees for additional participants (more than 20 participants per site) and submitting payment to the University of Minnesota
• Returning continuing education forms and program evaluations from participants to the University of Minnesota

For more information contact:
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