

**Western MCH Nutrition Leadership Network
March 22 and March 23, 2012
Los Angeles, CA**

AGENDA

Thursday, March 22, 2012

**Building Partnerships to Address
Food Insecurity in the Western States**

Goal: Increase understanding about determinants and impacts of food insecurity on child health and development within the life course framework

Objectives:

1. Identify strategies to address food insecurity.
2. Relate food insecurity to life course framework.
3. Identify potential state and network partnerships to help address food insecurity.

7:30 **Continental breakfast (registration)**

8:00 **Welcome and Introductions**

8:15-8:45 **Group Discussion: Hunger in America: suffering we all pay for**
(The Hunger in America Reading, distributed before the NLN conference.)

Questions for discussion:

1. What types of costs are associated with food insecurity in your state?
2. Are factors that drive these costs currently being addressed?
3. Which aspects are most challenging to address? What are the barriers?

8:45-9:15 **Report out:** main topics/questions raised by each group

9:15 **Break**

9:30-2:30 Panel Presentations and Discussion

9:30-10:20 **Food insecurity: a call to action for western states**
Patti Whitney-Wise, Oregon Hunger Task Force.

10:20-12:30 **Panel: Food insecurity and maternal and child health: partnerships to address root causes and expand impact.**

Liz Adams, PhD, RD Oregon Health Sciences University

Donna Johnson, PhD, RD University of Washington

Megan Patton-Lopez, EdM, RD (PhD candidate Oregon State University,
MCH Nutrition Trainee)

12:30-1:30 **Lunch** provided

Objectives for afternoon session:

1. Summarize from the morning session
2. Identify a new strategic activity to improve food security within your state.
3. Who could you partner with to help you achieve this outcome?
4. How can NLN facilitate your work to improve food security?

1:30-3:00 **Group Discussion: Sowing the Seeds to Address Food Insecurity**

3:00-4:00 **Free time**

4:00-6:30 **Western MCH Nutrition Leadership Network Sharing Session/
refreshments**

6:30 **Free evening to explore Marina del Rey**

Friday, March 23, 2012

Mindful Leadership to Address MCH Objectives and Improve Nutrition and Health Outcomes

Christina Bethell, PhD, MBA

Director, Child and Adolescent Health Measurement Initiative (CAHMI)
Oregon Health & Science University, Portland

Paul Kurtin, MD

Director, Sadler Center for Quality, Rady Children's Hospital, San Diego

Goal: to support public health nutrition professionals to stay energized and continue to be effective in times of reduced budgets and staffing.

Application: participants will apply what they learn in the workshop to increase satisfaction and effectiveness in their multiple roles at work and in the community. Participants will build skills that will enable them to coach co-workers in mindfulness strategies upon return to their home departments.

Self assessment exercise (online quiz) and reading assignment are posted on NLN website. (<http://www.mchnutritionpartners.ucla.edu/events/western-mch-nutrition-leadership-network-meeting-2012>).

7:30	Continental Breakfast
8:15	Welcome/Orientation to the Workshop
8:30-noon	Leadership Workshop: Mindful Leadership Christina Bethell, PhD, MBA Paul Kurtin, MD
Noon	Lunch provided
1:00-3:00	Leadership Workshop continues
3:00-3:30	Wrap up and Evaluation
3:30	NLN Conference adjourns