

Issue Brief Addresses the Intersection of Food and Health

Too Few Choices, Too Much Junk: Connecting Food and Health focuses on the current U.S. food system and approaches that foundations can employ to improve food access and nutrition. The issue brief is based on a discussion among a group of grant makers, researchers, and practitioners convened by Grantmakers in Health on November 4, 2011, with support from the Colorado Health Foundation and the U.S. Maternal and Child Health Bureau. The March 2012 brief synthesizes key points from the day's discussion with a background paper previously prepared for participants. Topics include food insecurity in the United States, food insecurity and health, access to healthy food, community food security, federal policies and programs, foundation grants and initiatives, and lessons learned.

The brief and executive summary are available at <http://www.gih.org/Publications/IssueDialogueDetail.cfm?ItemNumber=4630>.