



Missoula City County Health Department
Nutrition Services
301 W. Alder Missoula, MT 59802
Phone 406-258-4837

LETTER OF AGREEMENT

Missoula City-County Health Department and Distribution of “Medications and Mother’s Milk” by Dr. Thomas Hale

The purpose of this agreement is to provide Missoula area pharmacies and medical providers with Thomas Hale’s Manual of Lactation Pharmacology as the most recommended comprehensive and reliable reference guide the use of medications by breastfeeding mothers. Since the PDR basically lists only the pharmaceutical manufacturer’s package insert, the standard recommendation is to not take the medication while breastfeeding. Therefore, the PDR is an inadequate source for obtaining accurate breastfeeding information. The Thomas Hale “Medications and Mother’s Milk” reference guide aids in determining risk to an infant from maternal medications and uses pharmacokinetic parameters throughout. It contains information on more than 814 drugs, vitamins, herbs, vaccines, and their use in breastfeeding mothers, including tables on radioisotopes, radio-contrast agents, and common cold remedies. This 2012 version includes the Relative Infant Dose (RID) to assist with medication determinations. To support initiation and duration of exclusive breastfeeding in Missoula:

1. This document addresses a variety of activities which aim to support breastfeeding initiation and duration rates recommended by the Academy of Breastfeeding Medicine, and other professional organizations, focused on the health and well-being of mothers and infants.
2. The mission of public health is to **Promote Physical and Mental Health and Prevent Disease, Injury, and Disability**. Promotion of breastfeeding for all infants, without unnecessary disruption due to medications prescribed, for mothers is a fundamental focus of ours.
3. This Letter of Agreement is for internal use for both Parties. It is not legally enforceable and not to be construed to create a legal obligation on the part of either Party. If the Thomas Hale “Medications and Mother’s Milk” reference guide-book is determined no longer useful, it will be returned to MCCHD so another medical provider or pharmacy can benefit from its use.

I will assure that the Medications and Mother’s Milk Reference will be used when questions or concerns arise regarding advising mothers about medication use during breastfeeding.

Participating Medical Provider/Pharmacy _____

Phone _____ E-mail _____

Contact _____ Date _____

MCCHD Representative _____ Date _____

References

Academy of Breastfeeding Medicine Protocol #7; Model Breastfeeding Policy
guideline.gov/summary/summary.aspx?doc_id=11224&nbr=005871&string=infant+AND+formula

Academy of Breastfeeding Medicine and Influenza
<http://www.bfmed.org/Media/Files/Documents/H1N1%20and%20Breastfeeding%20-%20for%20physicians1.pdf>

Academy of Breastfeeding Medicine Protocol #4 Mastitis
http://www.bfmed.org/Media/Files/Protocols/protocol_4mastitis.pdf

Clinical Guidelines for the Establishment of Exclusive Breastfeeding.
guideline.gov/summary/summary.aspx?doc_id=7662&nbr=004461&string=breastfeeding

Interventions To Promote Breast-Feeding: Applying The Evidence In Clinical Practice.
guideline.gov/summary/summary.aspx?doc_id=5338&nbr=003651&string=breastfeeding

Breastfeeding friendly physician's office, part 1: optimizing care for infants and children.
guideline.gov/summary/summary.aspx?doc_id=11231&nbr=005878&string=breastfeeding

American Academy of Pediatrics: Intrauterine Baclofen Exposure: A Multidisciplinary Approach
<http://pediatrics.aappublications.org/content/114/2/e267.abstract?sid=0c235aea-8a64-470e-b7be-609e5e19baa0>

American Academy of Pediatrics: Residency Curriculum Improves Breastfeeding Care
<http://pediatrics.aappublications.org/content/126/2/289.full?sid=fb201204-6080-401a-a4b9-37c56d2afa15>

American Academy of Family Practice Physicians
aafp.org/online/en/home/policy/policies/b/breastfeedingpositionpaper.printerview.html