



Public Health Nutrition and RDNs Now & In the Future

Current Status

- ❖ **About 11% of RDNs currently report that their primary practice area is community nutrition**
- ❖ **The average age of all CDR-credentialed dietetics practitioners: 44 years (2010)**
- ❖ **The median age of all CDR-credentialed dietetics practitioners : 46 years (2014)**
- ❖ **The annual growth rate of supply of CDR-credentialed dietetics practitioners declined from 3% in the early 1990s to 1.5% in 2010**



Future Demand

With the passage of the Affordable Care Act, a worldwide increase in obesity and chronic disease, and a global emphasis on preventative health care that includes behavioral, environmental, and policy interventions, the demand for registered dietitian nutritionists (RDNs) with unique expertise in public health and community nutrition (PHCN) is increasing.



Recommended Staffing Ratio

To meet the recommended staffing ratio of 1 public health nutritionist per 50,000 people there is an immediate need for a **113% increase in the workforce**



Main Points

- 1. Aging workforce**
- 2. Growing demand for public health/community RDNs**
- 3. Fewer RDNs entering the field than in years past**



Reference

**Academy of Nutrition and Dietetics: Standards
of Practice and Standards of Professional
Performance for Registered Dietitian
Nutritionists (Competent, Proficient, and Expert)
in Public Health and Community Nutrition**

Meg Bruening, PhD, MPH, RD; Adrienne Z. Udarbe, MS, RDN; Elizabeth
Yakes Jimenez, PhD, RD; Phyllis Stell Crowley, MS, RD, IBCLC; Doris C.
Fredericks, MEd, RD, FADA; Leigh Ann Edwards Hall, MPH, RD

JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS October
2015 Volume 115 Number 10, 1709.e39



Reference

Projections and Opportunities for an Increasing Demand for Dietetics Practitioners: 2011 Dietetics Workforce Demand Study Results and Recommendations

JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS March
2012 Volume 112/Number 3/Supplement 1: S7-94



Reference

**Academy of Nutrition and Dietetics
Compensation & Benefits Survey
Of The Dietetics Profession 2013**

ISBN 978-0-88091-480-2

Copyright 2014

For more information on the Academy of Nutrition and
Dietetics, visit:

www.eatright.org



Definitions

The **average** of a set of numbers is the total of those numbers divided by the number of items in that set.

The **median** of a set of numbers is that number where half the numbers are lower and half the numbers are higher.

