

Western Maternal and Child Health Nutrition Leadership Network University of California, Los Angeles

Leadership Session Outline

INTENDED OUTCOME

- ✓ Each participant has been introduced to and had the opportunity to practice tools and distinctions for providing leadership at an entirely new level

SESSION OUTLINE (830A – 330P)

1. Welcome and introductions
 - a. Breaking out of our default way of operating
 - b. Putting something at stake
 - c. Intended outcomes for the day
 - d. *Outcome: participants have begun the session operating from a different mindset / perspective than from when they entered the room. They have put something at stake which will have them participating at a higher, more impactful level during the day.*
2. The nature of your work
 - a. Results over time: what's predictable
 - b. Work vs. effort
 - c. The medium of your work
 - d. The currency of your work
 - e. *Outcome: participants have had a fundamental shift in their understanding of their work and realize that their conversations, and the set of conversations in which they traffic, are most of the leverage they have to getting anything done.*
3. Background Conversation: the hidden pollutant
 - a. *Outcome: participants have been introduced to the distinction background conversation and are able to distinguish the impact background conversations have on what happens in the foreground.*
4. Our Filters in Action
 - a. Filtering
 - b. I know
 - c. Mining the gold

- d. *Outcome: participants have seen their filters in action and are profoundly aware of the impact of their filters. Participants have realized they can alter their filters and have seen the impact such an alteration can bring forth.*
5. The Mechanism of Vicious Circles
 - a. Action and result
 - b. Fact and interpretation
 - c. Is and because
 - d. *Outcome: Participants have been introduced to the mechanism of a vicious circle and have dismantled one of their own vicious circles, leaving them with a new sense of freedom, power, and responsibility.*
6. The Power of a Leader
 - a. Breaking the grip of the vicious circle
 - b. Taking a stand for the extraordinary
 - c. Line of demarcation
 - d. *Outcome: participants have distinguished their own stand and are empowered by the new possibilities their stand brings forth.*
7. The Language of a Leader
 - a. Committed vs. uncommitted conversation
 - b. Conversations for action
 - c. *Outcome: participants have at their disposal a new language for leadership to move action forward powerfully in an organization.*
8. Putting things into Action
 - a. Practices
 - b. Be / Do / Have
 - c. *Outcome: participants have identified clear action steps for post-conference work that will make a difference in the leadership they provide for their organizations and others.*
9. Wrap-up, Value, and Acknowledgments
10. End