**Design Think Session**

# **TOPIC**

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| **The Role of Nutrition Leaders in Operationalizing Equity Work***How might public health nutrition leaders and their partners* ***move toward action*** *in equity work?* |

1. **Gather Insights and Inspiration on the Topic**
	1. ***Share Experiences***

*Pair Interviewing*

* + Pair up with a colleague (make a trio if there’s an odd number).
	+ Interview each other using the below prompt (5 minutes or less per person).
* Describe a time when you experienced a leader/organization/agency successfully taking action to move an element of equity work forward.
	+ - What happened?
		- What contributed to the success?

*Small Group Processing*

* Join with another pair and create small groups.
* Share key insights from your pair interviews.
* Jot down key insights on sticky notes and place them on a flip chart.
	1. ***Empathy Mapping***
* Continue to work in your small group.
* Find your Empathy Map handout.
* Use the questions on the map to guide discussions and explore different perspectives.
* Jot down insights from your discussion on the Empathy Map.
* *What do [insert the who--local elect officials, the BIPOC community, non-BIPOC community members, etc.) SAY, DO, THINK, & FEEL about moving equity work forward?*
1. **Finding Meaning and Patterns**
* Think about the insights you have heard from your small group discussions.
* Write down three that are most interesting and intriguing to you (one insight per sticky note).
* Share your insights with your small group and place them on a flip chart.
* Review the insights and group similar ideas into categories.
* Label the categories with a headline/title.
* Prioritize insights. Everyone places a sticker on **one** insight category they find most interesting.
1. **Ideation**
* Create a “How Might We” question for your prioritized insight category.
* Brainstorm innovative ideas for your How Might We question.